

### **Air Force Aid Society (AFAS)**

Provides emergency assistance, sponsoring education assistance programs and offering an array of base community enhancement programs that improve quality of life for Airmen and families. Services are provided on a case-by-case basis and may include: interest free loans, grants, bridge loans (in event of family death), primary vehicle repair, basic living expenses, and family member scholarships.

### **Air Force Families Forever**

This program ensures families of deceased Airmen are provided with immediate and long-term bereavement care, services, and support.



### **Casualty Assistance/Survivor Benefits**

Provides consultation on benefits offered by programs such as DoD, Department of Veterans Affairs, Social Security Administration, Internal Revenue Service, Department of Health and Human Services and other agencies. The Survivor Benefits Plan provides Air Force retiring service members and spouses the latest information on benefits.

### **Servicemember & Family Assistance Center (SFAC)**

Provides tailored integrated support services in a centralized one-stop-location. The program ensures that wounded, seriously ill, and injured service members requiring long-term medical care and/or medical/physical evaluation board receive non-medical services, reintegration and transition support. One-on-one pre-separation & educational consultation, information and referral are also provided.

## **Military & Family Readiness Center Partners**

### **Military and Family Life Counselors (MFLC)**

Counselors are licensed professionals who provide situational, problem-solving counseling. They can address a number of issues including deployment, marriage and relationships, parenting, communication, stress/anxiety, depression, grief and loss, and daily life issues. No written records are kept, and it is free to service members and families. Call 907-384-1534 for more information.

### **Military OneSource (MOS)**

Your central hub and go-to-place for the military community. Services include confidential, short-term non-medical counseling for active duty, National Guard, reserves and families for up to 12 sessions per person, per issue - at no cost. Available 24/7. Call 1-800-342-9647. Click: [www.militaryonesource.mil](http://www.militaryonesource.mil).

### **Army Emergency Relief (AER)**

Provides emergency financial assistance to Soldiers (active and retired), families, widows, and orphans during valid emergencies that require immediate attention. Contact the AER representative at the JBER Welcome Center, Building 600, Room B365. Call 907-384-7478.

### **Army OneSource (AOS)**

Provides comprehensive community support and service delivery for Soldiers and their families regardless of component or geographic location. Our objective is to empower Military Families to be strong, healthy and connected to the best resources wherever they may be. Click: [www.myarmyonesource.com](http://www.myarmyonesource.com)



## **Military & Family Readiness Centers**

*Two locations to serve you!*



**M&FRC (Log Cabin)**  
8535 Wewak Dr., (JBER-E)  
907-552-4943



**M&FRC (Army Community Service-ACS)**  
600 Richardson Dr., A139 (JBER-R)  
907-384-1517

**Hours of Operation:**  
**Monday-Friday: 7:30 a.m.-4:30 p.m.**  
**Visit online at: [www.jber.af.mil/mfrc](http://www.jber.af.mil/mfrc)**

**Like us on Facebook!**  
**"JBER Military & Family Readiness"**



## **Military and Family Readiness Centers**

*Provide programs, services, training, education and referrals to service members, families, retirees and DoD civilians.*

### **Information, Referral and Follow Up**

Centralized point of contact and primary source of information regarding military and civilian agencies, services and programs, and crisis intervention.

Additional services include: computer resource center, copy and fax services.



### **Personal Financial Readiness**

Provides information and personal financial consultation to assist service members and families in maintaining financial readiness. Services include one-on-one financial counseling appointments to help with budget/spending plan, bank/financial services, credit/debt management, car buying, individual retirement accounts, uniformed Thrift Savings Plan and basic investments.

### **Employment Assistance**

Provides job search assistance and referral services for employment opportunities. Services and classes focus on education and preparation for the job search process. Classes include: **Ten Steps to a Federal Resume, Private Sector Resume** and one-on-one consultations/guidance.

## **Transition Assistance Program (TAP) and Soldier For Life-TAP**

TAP provides service members with the knowledge, skills, and abilities to empower them to make informed career decisions, be competitive in the global work force, and become positive contributors to their community as they transition from military service and reintegrate into civilian life. TAP is mandatory for all service members who will transition from military life to civilian life, i.e. retire or separate. Spouses are highly encouraged to attend as well!

### **Mobilization/Deployment Readiness**

Educates service members and families on the stages of the deployment cycle, training and other aspects of military life. The mission is to develop an adaptable community in which service members and families are prepared for deployment, have access to the support they need throughout its course, and are prepared for the challenges when the service member returns from deployment.

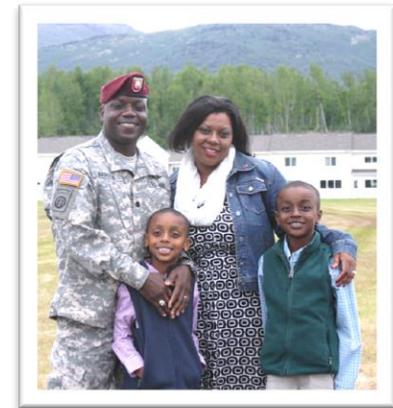


### **Personal and Work Life**

Services promote community wellness and assist with the quality of life by providing educational family enrichment and resilience classes and support groups to include: **JBER Spouse Orientation, Armed Forces Team Building (AFTB), Master Resilience Training (MRT), Key Spouse and Family Readiness Groups (FRG's)**.

## **Relocation Assistance**

Provides service members and families, especially those new to the military, with relocation information, education, and skills development to manage and adapt to the mobile military lifestyle. Programs include: **JBER Newcomers Orientation**, mandatory for all military and highly encouraged for spouses; as well as **Sponsorship Training** for unit sponsor monitors. Lending Locker provides temporary household items during relocation.



### **Exceptional Family Member Program (EFMP)**

Provides information and referral services, non-medical case management, training and other forms of support, such as providing opportunities for families to connect with each other around a common need or concern. An EFMP family member can be an adult or child with physical, emotional, developmental, or intellectual disorder that requires specialized treatment, therapy, education, training, or counseling.

### **Volunteer Resources**

Provides centralized recruitment, training and recognition of JBER volunteers. Volunteer Coordinators also assist family members find volunteer opportunities and supervisors with volunteer placement and problem-solving. Find volunteer opportunities by visiting:

<http://www.jber.af.mil/jbervolunteers.asp>